

## Positive Alternatives 2014 - 15 Quarterly Update

**Grantee: CHOICES PREGNANCY CENTER**

**Goal: To provide support encouraging women of Redwood Co. and surround area to carry pregnancies to term, and to care for their babies after birth**

**For the period:**

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
<b>Administrative Activities</b>	Provide guidance to grant staff; complete grant forms and requirements; attend required grant meetings; hire and train grant staff		Continue bi-weekly training session with staff. Director attended Safe Harbor training to learn about helping sexually exploited clients.	
<b>Outreach</b>	Offer on-site parenting, pregnancy and life-skills education lessons to pregnant or parenting students in 3 area high schools		Staff provided group education in a classroom setting, covering life skills in the area of healthy relationships, and pregnancy/prenatal development information. Opportunity for individual education of students in another area school came up, but the service was not accepted.	
<b>Crib Distribution/ Sleep Safety Education</b>	Provide Safe Sleep education and opportunity to earn Pack n Play or Crib	1 - 2	2 clients took the lesson "Reducing the Risk of SIDS"	2
<b>Life-Skills Education Program</b>	Provide individual lessons on relevant life skills in an incentive program	1 - 2	No life skills lessons were requested this quarter.	0
<b>Nutrition</b>	Provide individual lessons on good nutrition during pregnancy and for breastfeeding and infancy	3 - 6	7 lessons covered an aspect of nutrition important to maternal or fetal health, or giving babies a healthy start on solid foods.	7

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<b>Parenting Education</b>	Provide individual sessions on relevant parenting topics in an incentive program	30	Discipline, child development, handling tantrums, and bonding with your baby are some of the topics addressed this quarter.	28
<b>Pregnancy Education</b>	Provide individual sessions on relevant pregnancy and childbirth topics in an incentive program	15	Avoiding risky behaviors, info on each trimester, healthy eating, and prenatal care are some of the topics addressed this quarter.	16
<b>Provide Necessary Services Assessments Only</b>	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	1	Almost all clients who came to the Center chose to sign up for the Earn While You Learn program.	1
<b>Transportation</b>	Provide transportation vouchers or gas cards to help clients attend individual classes at the pregnancy center	2 - 3	No clients needed help with transportation this quarter	0

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	1
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	3
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	1
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	2

<b>Maternal and Child Health Initiative Task Force Strategies</b>	No.
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	0

**Challenges:**

**Comments:**